



Parenting in Digital Age

When your child is talking to you, listen to them. Show them you are there to hear their problems.



Give time to your children and not to phone calls, videos, text or emails.

In the evening when you're back from office, talk to them and ask what they did today? What new thing they learnt in school.



Fix a time to spend time with them to for activities of their choice and give your 100% attention.

Both parents should devote time equally in their home projects or any learning activity.



Show respect to the child and their time instead of phone. Remember children learn by observation.

Fix time to watch Television or play together. This not only boost their energy, but also their confidence.

